



village dental care

Dental Surgeon: Miss K F Andrews LDS RCS (Eng) BDS (London)

practice **news**



Welcome to our winter newsletter

It's fantastic that many of our patients enjoy receiving our newsletter and hearing our news. You may notice that we have had a name change and a new logo, this is all part of a number of changes you have been seeing over the last year.



I am constantly being asked how my old leg is doing following my spectacular riding accident. Well, not so bad really, despite having more metal than the bionic woman I can do most things now, though I must admit, it does rather moan and groan off and on. Running is still a slight problem though I probably should practice a bit more.

As many of you already know, I have two beautiful horses, Rio and Leo, just to confuse matters! However they are like chalk and cheese. Rio is an athletic black Dutch warm blood; his athleticism has sent me on flying lessons, hence the broken leg. Leo is a rather overweight grey Connemara! She acts like a prima-donna, and is such a character. I've had her since she was four years old, and being my first horse she has taught me loads and I love her to pieces.

Patient referrals

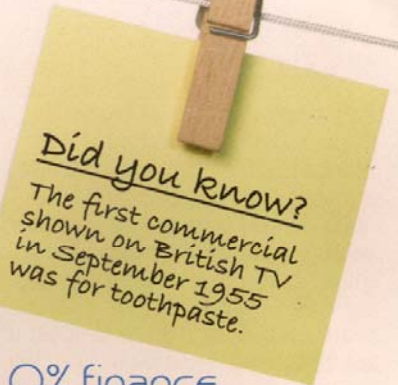
We are always delighted when we receive referrals from our patients. This means a great deal to us, as it means you are happy with your dental care and are pleased to pass on this news to your family and friends.

This is how our practice has grown and will continue to do so with your help.



Introducing:

Victoria Bird our new dental surgery assistant. Victoria has over 10 years experience. She is an expert at her job and her hygiene and efficiency are second to none. We are sad to lose Tracy Harrington who worked with us for three years. She was travelling from Cambridgeshire and decided to leave in order to work closer to home. I sincerely wish her all the best in the future.



0% finance available

We offer a 0% finance facility to make large treatments more affordable. For more information, please ask a member of our team.

Did you know?

Compulsory registration of dentists was introduced in Britain as late as 1921. Before that, anyone could call themselves a dentist!

Invisalign®

Have you ever thought about having your teeth straightened, but have been put off by the wires and brackets?

Great news! We are delighted to be able to offer you a way of straightening your teeth using an (as good as) invisible solution at our surgery. If you are interested in finding out more then please ask Miss Andrews.

Information can be found on www.invisalign.com.



When would I need an x-ray?

Early tooth decay does not tend to show many physical signs. Sometimes the tooth looks healthy, but your dentist will be able to see from an x-ray (radiograph) whether you have any decay present under the enamel, any possible infections in the root, or any bone loss around the tooth. X-rays can help the dentist to see in-between your teeth or under the edge of your fillings. Finding and treating dental problems at an early stage can save both time and money.

In children, x-rays can be used to show where the second teeth are and when they will come through. This also applies to adults when the wisdom teeth start to come through.



CEREC®

I promised to tell you more about our new fantastic CEREC® 3D machine - so here it goes:

We can use CEREC® for any medium to large filling where you desire the best in white filling materials. Not only is it aesthetically more pleasing but is also superior in quality and longer lasting.

I particularly advise CEREC® when a tooth has a very large filling or crack that would normally benefit from strengthening with a crown.

In this situation I advise a CEREC® inlay [filling] where you benefit from a durable restoration, without cutting away most of the tooth and are able to complete the treatment in one visit, rather than three or four visits.

CEREC® 3D is a fantastic computer-based treatment system. It is one of the most advanced products used in dentistry and allows me to create the most amazing fillings, crowns and veneers in a ceramic/porcelain material.

The ceramic material is as similar to natural tooth/enamel as anything yet devised. This means it expands and contracts in the same way the tooth structure does and it does not induce cracks in the remaining tooth structure like other dental materials. In fact, because it is bonded to the tooth it actually holds the tooth together. It is also the most biocompatible material for healthy gums.

Another advantage of CEREC® 3D is that it eliminates the need for impressions and temporary restorations, hence reducing the number of visits required to just one! A powdered image of the tooth is taken with a CAD CAM 3D camera. The restoration is then designed on our computer and sent to an on-site milling machine. The milling machine then instantly cuts the restoration from a solid porcelain block ready to fit.



Before



After

Air abrasion — our latest addition

The gentle alternative to a needle and drill... Aquacut Quattro.

Air abrasion technology allows us to prepare many types of cavity without a drill! Without coming into direct contact with the tooth, the Aquacut Quattro system removes decay and damaged tooth structure with:

- No vibration
- No heat generation
- No whining drill noise
- No smell.

Moreover, in most cases the gentle action of the Aquacut removes the need for a local anaesthetic injection.

The same technology can also be used to gently remove calculus (tartar). More news to come about our latest addition soon.

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